

 = Hosted on Biddeford Campus (BC)

 = Hosted on Portland Campus (PC)

# ipec

## SPRING 2019 Events Calendar

To see our full spring calendar details, please visit: [une.edu/wchp/ipec/events](http://une.edu/wchp/ipec/events)

Wednesday, January 23 • 12 - 2 p.m.

### Martin Luther King Event: Freedom is a Constant Struggle

Harold Alfond Forum Ballroom (BC)/  
Livestream to: **Innovation 104/116 (PC)**

Join our featured presenter Dr. Angela Davis for 'Freedom is a Constant Struggle', in recognition of the 32nd Annual Martin Luther King celebration.



Thursday, January 24 • 12 - 1:00 p.m.

### The Importance of Sleep: Sounding the Alarm

Wing Lounge (PC only)

Sleep, we all need it! Some love it and use it to escape life's problems; others think more than a few hours per night is a waste of time. Some worry they're not getting enough restorative sleep, which is a necessity for full, functional living. We share details about the importance of sleep and tips to promote restful slumber.

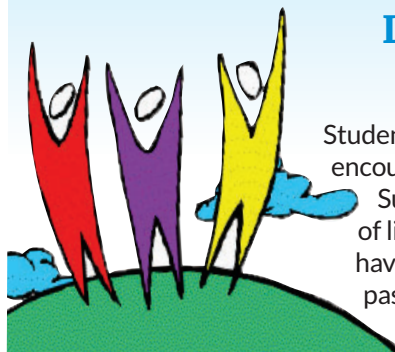
Wednesday, March 6 • 12 - 1:30 p.m.

### Through the Eyes of a Person Living with Chronic Pain

Innovation 104/116 (PC)/

Livestream to: **Commons 320 (BC)**

Students, faculty and health professionals are encouraged to join the Southern Maine Chronic Pain Support Group (CPSG) to discuss the challenges of living with chronic pain. The student team who have worked with the support group during the past year will facilitate the conversation.



Friday, March 8 • 8 a.m. - 3 p.m.

### EqualityMaine Youth Conference

Biddeford Campus Only

Join us for an all-day event filled with workshops and programs pertaining to LGBTQ+ youth which will address health and wellness, safer schools, suicide awareness and resiliency, art and leadership, law and policy, and much more.

# EQME

EQUALITYMAINE

Wednesday, March 20 • 12 - 1:30 p.m.

### Health and Hunger in Maine: Addressing Food Insecurity; Fighting for Accessibility

Innovation 104/116 (PC)/Livestream to: **Commons 320 (BC)**

Join us for a presentation by the Good Shepherd Food Bank's Community Health and Hunger Program, which addresses the issue of nutrition and health in low-income families by building partnerships with health care organizations to better identify and remove barriers for Mainers who lack access to adequate nutrition.



Wednesday, March 27 • 12-1:30 p.m.

### Aging with Grace: Health Challenges Faced by LGBTQ Athletes, Dancers

Innovation 104/116 (PC)/

Livestream to: **Commons 320 (BC)**

In advance of Portland Ovarations' presentation by the trailblazing dance company 'Les Ballets Trockadero de Monte Carlo', a panel of dynamic presenters will explore aging and health in LGBTQ communities.



Monday, April 1 • 6:30 - 8 p.m.

### Athletes & Mental Health: Championing the Light at the End of the Tunnel

Biddeford Campus only

Join us for an event that will shed light on athletes who struggle with mental illness, the consequences that propagate when appropriate help is not sought, and its ripple effect on families, teammates, and coaches.

Wednesday, April 3, 2018 • 12 - 1:30 p.m.

### Interprofessional Roles and Responsibilities in Medication-Assisted Treatment

Innovation 104/116 (PC)/ Livestream to: **Commons 320 (BC)**

The opioid epidemic sweeping the U.S. requires that all health professionals understand the scope of this crisis and their roles within it. This session will focus specifically on Medication-Assisted Treatment, an evidence-based approach that saves lives and supports healthy long-term recovery from opioid use disorder.

Tuesday, April 9 • 5:45-8:30 p.m.

### Speak About It: Consent, Boundaries, and Healthy Relationships

Harold Alfond Forum 283 A/B (BC only)



This performance and workshop combines humorous scenarios and powerful monologues to demonstrate tools you can use to address consent and healthy relationships. A team of educators will begin with facilitator training for all attendees (60 min.), followed by a performance demonstrating uses of the relational tools (60 min.), and conclude with Q&A.

Wednesday, April 10 • 12 - 1:30 p.m.

### Empowering Immigrant Women

Innovation 104/116 (PC)/Livestream to: **Commons 320 (BC)**

Spirited presenters from UNE's School of Social Work will speak about the importance of empowering immigrant women, recognizing the different cultures from which they come, and shedding light upon their struggles accessing healthcare.



Thursday, April 18 • 5:30 - 7:30 p.m.

### Addressing Stigma in the Healthcare Environment

Ludcke Auditorium (PC only)

primarycare  
PROGRESS

Join us for the fourth annual Town Hall Meeting. Open to students, healthcare professionals and members of the community, attendees will form interprofessional teams and develop approaches to address stigma individuals face, such as homelessness, substance use, aging, immigrant, and refugee populations.

Wednesday, April 24 • 12 - 1:30 p.m.

### Mercy Pain Clinic

Leonard Hall (BC)/Newberry Room (PC)

Videoconference Only

Student participants in the Supervised Interprofessional Student Pain Clinic led by UNECOM faculty Ling Cao M.D., Ph.D., at the Mercy Pain Center will discuss their work with patients experiencing chronic pain.



Wednesday, May 1 • 12 - 1:30 p.m.

### Poster Session

Innovation 104/116 (PC only)

Student teams from the Interprofessional Team Immersion, Student-Led Mini-Grants, and Service Learning community projects share their research and scholarship with the UNE community.

**We thank our co-sponsors who help make these events possible!**

**Join the Conversation! @UNEIPE | #IPEUNE**

Livestream: [stream.une.edu/events](http://stream.une.edu/events) | [facebook.com/UNEIPE](https://facebook.com/UNEIPE)

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Attendance at these IPEC events can be applied to the Interprofessional Honors Distinction & CUP AHEC Scholar Honors Distinction