

The Basics of APA & AMA-Style Citations & References

In-text Citation

Format Guidelines and Examples

APA

Use parenthetical-style citations – (author last name, publication date) *after* cited material:

... (Chan, 2018).

... (World Health Organization, 2015).

Include page number(s) after direct quote/specific facts:

... (Miller, 2012, p. 55).

When using a signal phrase (naming the author in the sentence):

According to Chan (2018), ...

The World Health Organization (2015) reported

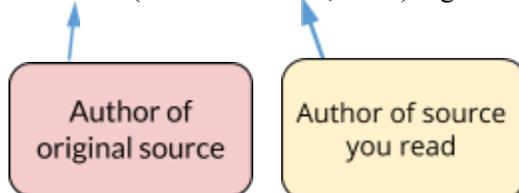
Miller (2012) states, “direct quote” (p. 55).

Citing an indirect source without signal phrase:

...(Roberts as cited in Chan, 2018)

Citing an indirect source with signal phrase:

Roberts (as cited in Chan, 2018) argued....



AMA

Use a superscript number that corresponds to the order in which you first cited the source in your paper. The same superscript number stays with that source throughout the entire paper:

...summarized or paraphrased material.¹

The same fact from two sources.^{2,3}

Typically, page numbers are not required for direct quotes or facts for the in-text citation, but should be included in the References entry. If you do include page numbers within the paper:

Burkowski found that 50% responded well.^{15(p71)}

When including a signal phrase and author name within the sentence:

According to Chan,¹...

Several studies²⁻⁵ indicate ...

The World Health Organization⁶ reported...

Citing an indirect source when using a signal phrase:

Cite the author of the original source, not the one where you found the information. The References entry will include both original and secondary source information.

Reference Page

Format Guidelines for Listing Sources

APA

List references on a separate page at end of essay.

List sources in **alphabetical order** by first word.

Use hanging indents.

Double space all elements.

Note capitalization and italics of titles below.

EXAMPLE

References (centered)

Kondrat, M. E. (1999). Who is the 'self' in self-aware: Professional self-awareness from a critical theory perspective. *Social Service Review*, 73, 451-477.
<https://doi.org/10.1086/514441>

National Association of Social Workers. (2008). Code of ethics. Retrieved from:
<https://www.socialworkers.org/About/Ethics/Code>

AMA

List references directly after conclusion separated by extra white space or line.

List sources **numerically** in order of first use in the essay.

Justify entries at the left margin.

Double space all elements. (*May differ between courses*)

Note capitalization, italics, and abbreviation of titles below.

EXAMPLE

REFERENCES (left justified and bold)

1. Cauley JA, Lui L-Y, Ensrud KE, et al. Osteoporosis and fracture risk in women of different ethnic groups. *JAMA*. 2005;293(17):2102-2108.
<https://jamanetwork.com/journals/jama/fullarticle/200820>
Accessed January 19, 2019. (< **date needed for URLs**)
2. World Health Organization. Quality of life assessment: position paper. *Soc Sci Med*. 1995;41(10):1403-4109.
[https://doi.org/10.1016/0277-9536\(95\)00112-K](https://doi.org/10.1016/0277-9536(95)00112-K)

Each type of source (books, online newspaper articles, videos, web sites, etc.) requires a slightly different format.

Additional Resources: To view and download example papers and videos explaining the different formats as well as other areas of academic writing, go to [this SASC Sharepoint page](#).

Our writing support staff can help you improve your citation and academic writing skills in one-on-one consultations; schedule appointments at une.tutortrac.com.