**PROFESSIONAL SUMMARY**

Public Health professional with over five years of experience in non-profit program planning and management. Strong background in community health education and curriculum development. Passionate about working with youth and their families to improve health outcomes.

**EDUCATION**

**Master of Public Health** Expected May 2020

University of New England - Portland, ME

Focus:Maternal and Child Health

**Bachelor of Arts, magna cum laude** May 2013

University of New England - Biddeford, ME

Major**:** English; Minor: Sociology

**PROFESSIONAL EXPERIENCE**

**Program Manager, HIV Prevention Program** September 2015 – Present

Portland Center for Youth – Portland, ME

* Develop and implement HIV/teen pregnancy prevention program designed for youth ages 11-19
* Hire, train, manage, and evaluate team of 10 health educators
* Manage $500,000 annual budget, comprised of multiple private and federal grants
* Serve as subject matter expert on sexual and reproductive health and adolescent health

**Senior Program Coordinator, Youth Outreach Program** August 2013 – September 2015

YWCA of Cumberland County – Portland, ME

* Coordinated the planning and implementation of afterschool programming across 5 locations
* Conceptualized and launched youth wellness program to promote awareness regarding mental health, nutrition, self-esteem, and healthy relationships
* Created curricula for youth mentoring program, implemented in 10 afterschool locations across Cumberland County

**Research Assistant** October 2012 – May 2013University of New England, Sociology Department – Biddeford, ME

* Analyzed literature regarding public health interventions for highly vulnerable youth in South Africa
* Identified relevant program evaluation research and extracted data to be used in final literature review
* Assessed international best practices in evaluation tools to identify depression and anxiety in children

**COMMUNITY LEADERSHIP AND VOLUNTEERING**

**English Teacher, Portland Immigration Center**

* Teach bi-weekly English course for English Language Learners

**Yoga Teacher, Adult Day Center**

* Lead monthly class focused on yoga therapeutics

**CERTIFICATIONS AND TRAININGS**

CPR Certified, American Red Cross 2018

Certified Yoga Teacher, Yoga Alliance 2018

Mental Health First Aid, National Alliance on Mental Illness 2016