

Compassion **WARMTH**

AND gIVING!

As the year comes to a close, December reminds us of the importance of compassion, reflection, and community. This month's service opportunities focus on supporting vulnerable populations, spreading kindness, and bringing warmth to others during the holiday season.

All hours completed through community or professional service count toward your UNE GPPH Service Cord.

Log your activity at:

<https://success.une.edu/public-health/servicecord/>

World AIDS Day – December 1

- Volunteer with local health departments or nonprofits to support HIV testing and education events.
- Create and share awareness materials promoting prevention, testing, and treatment resources.
- Organize a Red Ribbon Campaign or educational display on campus or within your community.
- Partner with organizations to support ongoing outreach and harm reduction efforts.

Hunger & Holiday Giving

- Volunteer with a holiday meal program or food distribution event through organizations like food pantries.
- Coordinate a “Stock the Shelves” Food Drive to replenish pantries after Thanksgiving.
- Join or lead a community meal-packing project to provide meals to families in need.
- Support local senior centers or community groups hosting holiday dinners for residents.

Homelessness & Winter Warmth

- Host a Winter Warmth Drive collecting coats, gloves, hats, socks, and blankets for local shelters.
- Volunteer at a warming center or community shelter to serve meals or organize donations.
- Assemble winter care kits with hygiene items, snacks, and hand warmers for people experiencing homelessness.
- Partner with local harm reduction programs to distribute Naloxone kits and share overdose prevention resources.

Contact kstewart19@une.edu with questions